



Children Are Our Specialty

Supporting Child Care Providers & Advocates in Our Community

May 2011

Contents

Trainings	2
YoungStar	2
Recipe	3



CHAOS BOARD

President

Leah Zastoupil
608/868-6240
zastysfcc@hotmail.com

Vice President Planning

Heather Vlasak
608/754-2206
bluebear24lhl@yahoo.com

Treasurer

Lori Long
608/757-0372
lorilong63@yahoo.com

Secretary

Kathy Hoover
608/365-6769
teddybearsru@aol.com

Membership

Website

Newsletter

Stacy Ransom
editor@childareourspecialty.org
608/290-3843

CHAOS MEMBERS,

I just want to take a moment to say thank you for a great start to my president's term. The board has been very supportive and helpful to me thus far in my term and it is much appreciated!

I hope that everyone has a wonderful, eventful summer and you all get a chance to enjoy your own families as much as you do for your daycare families! May your health be good and your pocketbook be plentiful so that your stress stays low.

I have a challenge for each of you. Please share with a co-daycare person that CHAOS is a wonderful opportunity to get your continuing education completed. It can also be a good resource to have people available for support to get situations worked through. Many of us do not work directly with co-workers so CHAOS gets a lot of people with a lot of experience together that may have good advice for what you may be going through or at least an ear to listen to any frustrations. The more members we have gives us more opportunities for great workshops. Please share the word the next time you are at the park and meet someone new in our field of expertise!

I look forward to seeing everyone again in the fall when our meetings start back up!

Leah Zastoupil
President



This will be our last newsletter until September.
Please find CHAOS on Facebook or visit the website
for more information through the summer.

Have a great summer!

TRAINING OPPORTUNITIES

CHAOS TRAININGS WILL RESUME IN SEPTEMBER.

CPR/AED Trainings: Many dates, most in Madison, open to the public:

[http://arcbadger.org/media/First_Aid - CPR - AED Courses.pdf](http://arcbadger.org/media/First_Aid_-_CPR_-_AED_Courses.pdf)



TRAININGS BY THE 4-C'S FOOD PROGRAM

Shaken Baby Syndrome (SBS) & Sudden Infant Death Syndrome (SIDS)

This workshop meets DCF (Department of Children and Families) requirements for Certification and Licensing.

Dates: May 26, June 16, August 18, September 22, October 20, November 17

Time: 6:00-9:00 pm

Location: 4-C Conference Room

Cost: \$20.00*

More YoungStar trainings to be announced in late summer: Check the 4-C website for more information. Topics will include:

- Business Series: Business 101, Policies, and Benefits
- Window on the World: Increasing Diversity in Child Care Environments
- Family Involvement
- Portfolios
- Inclusive Practices

[Environment Rating Scales](#)

[Suspected Child Abuse and Neglect Mandated Reporter Training \(SCAN-MRT\)](#)

[Strengthening Families](#)

[WI Model Early Learning Standards: The Foundations of Curriculum Development](#)

[Setting the Stage for Quality](#)

[Healthy Choices: Fitness and Food](#)

[YoungStar: Questions and Answers](#)

[Ages and Stages Questionnaire](#)

[Early Learning Quality Improvement and Program Assessment](#)

[Resource Room Extended Hours](#)

[CPR/AED](#)

[First Aid](#)

[Shaken Baby Syndrome \(SBS\) Train the Trainer](#)

[Shaken Baby Syndrome \(SBS\) & Sudden Infant Death Syndrome \(SIDS\)](#)



Start early. Start smart. Start here.

If you are a child care program that currently receives reimbursements through the Wisconsin Shares program, you must **apply to participate in YoungStar BY JUNE 1ST, 2011** in order to continue to receive these reimbursements without interruption. Your regional office must receive the application by this date, so don't forget to leave time for mail processing if you choose to mail your application in.

The Three Most Common Objections to the Food Program

By Tom Copeland from his [Taking Care of Business Blog](#)

All family child care providers are better off financially if they join and stay on the [Child and Adult Care Food Program](#).

If you serve a breakfast, lunch and one snack a day to children the Food Program will pay you about \$500 or \$1,000 a year per child. Yet less than half of all eligible child care providers are participating on the Food Program.

Why?

There are three common objections to participation.

1) "If I join the Food Program I'll pay more in taxes."

This is true. However, it's also true that you'll pay more in taxes if you win the lottery, if your husband gets a raise, or if you raise your rates.

The reimbursements you receive from the Food Program are taxable income (See [my article](#) on this). Therefore, your taxes will go up. But, what's more important than how much tax you pay is how much money you will have after you pay your taxes. For every \$1,000 you get from the Food Program you will keep about \$600-\$700 after taxes.

2) "I will lose some of my food deductions if I participate on the Food Program."

False. Whether you are on the Food Program or not you will deduct your food expenses in the same way. Let's say you are not on the Food Program and spend \$4,000 a year on food for your business. Once you join the Food Program you will still be able to deduct the same \$4,000 as a business expense. The only difference is that you now are receiving reimbursements from the Food Program of about \$500 or \$1,000 per year per child.

3) "The Food Program is not worth it because of all the paperwork."

Look at the Food Program as another job. Are you being paid a reasonable amount for this job? If you served one breakfast, one lunch, and one snack a day to four children and spent three hours a week on Food Program paperwork how much would you be earning per hour? If you received the lower Tier II reimbursement rate you would be earning \$13.06 per hour. If you receive the higher Tier I rate you would be earning \$27.13 per hour. In addition, much of the paperwork you must do for the Food Program (attendance records, meal counts, etc.) you need to do for tax purposes even if you are not on the program.

Unfortunately, some tax professionals and child care providers are confused about the tax benefits of being on the Food Program. **Don't let anyone tell you it's not financially worthwhile to be on the Food Program!**



Sticky Stacky Sandwiches

from: Super Healthy Kids.com

<http://www.superhealthykids.com/>

Whole Wheat bread
Cheese (cut with cookie cutters)
Lettuce
Tomato
Turkey
More cheese

You can get creative and stack any type of sandwiches this way. The key to making a sandwich healthy for your little ones is to make sure

- You are using 100% whole grain bread!
- You include a protein (if using lunch meat, watch for sodium content, or cut your own from a home cooked turkey)
 - good proteins include peanut butter or other nut butters, meat, a bean spread like hummus, etc.
 - Include fruits or vegetables!

Vegetables are a great combo with any bean spread or lunch meat. Fruit is great to slice on nut butters.

CHAOS Newsletter
3711 Teal Lane
Janesville, WI 53546



We're on the Web!

See us at:

www.childrenareourspecialty.org

