

Children Are Our Specialty

CHAOS

September 2016

"By all these lovely tokens September days are here, With
summer's best of weather and Autumn's best of cheer."

~Helen Hunt Jackson~

It's hard to believe it's mid-August already! Hopefully you've been able to enjoy summer to the fullest. We're about ready for a new training year with CHAOS. When we plan for the upcoming year, we try to arrange a well-rounded list of topics that are current and of interest to providers.

A couple of the trainings are YoungStar related. While not everyone participates in YoungStar, please understand there will still be benefits to attending the training for all providers. YoungStar sets the standard for child care in Wisconsin. There will be information and tips we can all use in our centers, YoungStar rated or not.

Due to higher expenses to hosting workshops, we have decided to eliminate the January training. Often the weather dictates whether we can actually hold it anyway. Most would rather stay in on a cold winter night! We will discuss this and other changes at the September meeting.

Please remember to bring your Registry membership card! We will be using them to document your attendance.

Enjoy the last few weeks of summer and see you in
September!

Stacy

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Children Are Our Specialty

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Meeting Dates (All Meetings in BTC Room
1315 unless otherwise noted)

2016-2017 Trainings

September 15

Mixed Age Groups
Stacy Ransom
Blackhawk Tech

October 20

Youngstar Updates & Info
Bonnie Winkofsky
Blackhawk Tech

November 17

Hands on Sensory Learning Centers
Elections & Potluck
Board members – please bring materials for one
sensory bin idea for demonstration/display.
Stacy Ransom
Small Wonders

December

Holiday dinner out/ gift exchange
No continuing ed

January 19

Cancelling training

February 16

Emotion Coaching
Angela Flickinger
Blackhawk Tech

March 16

**Self-assessment tools/resources that will be
available for the new health and wellness point in
the 2017 YS criteria.

Amy Alt
Blackhawk Tech

April 20

CARE House training Child Abuse Prevention &
Neglect

May

COLORS personality program & Provider
Appreciation
Angela Flickinger
Small Wonders

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REGISTRY AND WORKSHOP INFORMATION

Free Registry membership is back!

The Wisconsin Department of Children and Families has provided funding for free Registry applications and membership renewals.

Individuals qualify through employment at programs that participate in YoungStar and have a Registry Program Profile.

To learn more, visit: www.the-registry.org/free-membership.aspx

The Registry

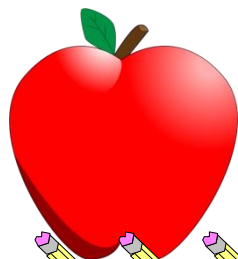
The Registry will soon be sending out Registry Cards for all those registered. Please bring your Registry card to trainings. We will be using the Registry App to scan the code on each attendee's card.

Attendance is instantly taken and will appear on each attendee's Registry Learning Record.

Children of Incarcerated Parents Workshop (form attached)

Saturday, September 10,
2016

8:00am-12:00pm 4 hours
Registry Credit



Children Are Our Specialty

- Send Kids Off to School Safely

As summer draws to a close, back-to-school season is in full effect. Remember to safely share the roads with school buses, pedestrians and bicyclists, and provide children with the necessary knowledge to stay safe at school.

Whether children walk, ride their bicycle or take the bus to school, it is extremely important that they - and the motorists around them - take proper safety precautions



Injuries are common at school, but many can be prevented. Before you send your children off, be sure to run through these safety topics.

- Backpack safety
- Playground safety
- Tips for a safe bus ride



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Children Are Our Specialty

- **Backpack safety**

While it's common these days to see children carrying as much as a quarter of their body weight, the American Chiropractic Association recommends a backpack weigh no more than 10 percent of a child's weight.

When selecting a backpack, look for:

- An ergonomic design
- The correct size: never wider or longer than your child's torso and never hanging more than 4 inches below the waist
- Padded back and shoulder straps
- Hip and chest belts to help transfer some of the weight to the hips and torso
- Multiple compartments to better distribute the weight
- Compression straps on the sides or bottom to stabilize the contents
- Reflective material

Remember: A roomy backpack may seem like a good idea, but the more space there is to fill, the more likely your child will fill it. Make sure your child uses both straps when carrying the backpack. Using one strap shifts the weight to one side and causes muscle pain and posture problems.



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- **Playground safety**

Nearly 80 percent of playground injuries are caused by falls. Some of the top equipment associated with injuries are climbers, swings, slides and overhead ladders, according to the National Program for Playground Safety.

The U.S. Consumer Product Safety Commission has come up with playground hazards you should watch out for when taking your kids to the park.

- **Improper protective surfaces:** Fall surfaces should be made of wood chips, mulch, wood fibers, sand, pea gravel, shredded tires or rubber mats and should be at least 12 inches deep.
- **Inadequate use zone:** The area under and around play equipment where a child might fall should be a minimum of 6 feet in all directions.
- **Protrusion hazards:** Beware of hardware that is capable of impaling or cutting a child (bolts, hooks, rungs, etc.), or catching strings or items of clothing. Children should never wear drawstring hoodies at the playground.
- **Head entrapment hazards:** There should be no openings that measure between 3 ½ and 9 inches.
- **Overcrowded play area:** Swings should be set far enough away from other equipment that children won't be hit by a moving swing.
- **Trip hazards,** like rocks or tree stumps
- **Lack of supervision:** Children under age 4 shouldn't play on climbing equipment or horizontal ladders.
- **Age inappropriate activities:** Spring-loaded seesaws are best for young children. Avoid adjustable seesaws with chains because children can crush their hands under the chains. A traditional seesaw should not hit the ground. "Whirls" or "roundabouts" are best for school-age children.
- **Lack of maintenance:** Metal or wooden swing seats should be replaced with soft seats, and equipment should not be split or splintered.
- **Sharp edges** on equipment
- **Platforms with no guardrails**
- **Equipment not recommended for public playgrounds:** One example is monkey bars. The number of injuries caused by monkey bars is so significant many experts recommend they be removed from all playgrounds.

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Tips for a safe bus ride

School buses are the safest way for students to travel, but children also need to do their part to stay alert and aware of their surroundings to prevent injury. NSC urges parents to teach their children the following safety rules for getting on and off the bus, and for exercising good behavior while riding.

Getting on the Bus:

- When waiting for the bus, stay away from traffic and avoid roughhousing or other behavior that can lead to carelessness
- Do not stray onto the street, alleys or private property
- Line up away from the street or road as the bus approaches
- Wait until the bus has stopped and the door opens before approaching the bus
- Use the handrail when boarding

Behavior on the Bus:

- If seat belts are available on the bus, buckle up
- Don't speak loudly or make loud noises that could distract the driver
- Stay in your seat
- Don't put your head, arms or hands out the window
- Keep aisles clear of books and bags
- Get your belongings together before reaching your stop
- Wait for the bus to stop completely before getting up from your seat



Getting Off the Bus:

- Use the handrail when exiting
- If you have to cross in front of the bus, first walk at least 10 feet ahead until you can see the driver
- Make sure the driver can see you
- Wait for a signal from the driver before crossing
- When the driver signals, look left, right, then left again. Walk across the road and keep an eye out for sudden traffic changes
- If your vision is blocked, move to an area where you can see other drivers and they can see you
- Do not cross the center line of the road until the driver signals it is safe
- Stay away from the rear wheels of the bus at all times

[More school-age pedestrians have been killed](#) during the hour before and after school than any other time of day, according to NHTSA. And, although drivers are required by law to stop for a school bus when it's loading or unloading passengers, they often don't. Children should not rely on them to do so

SCAEYC
Children of Incarcerated Parents



DATE: *Saturday, September 10, 2016*

TIME: 8:00am-12:00pm 4 hours Registry Credit
7:45am Light Breakfast and Registration

LOCATION: Blackhawk Technical College- North Commons
6004 S County Rd G
Janesville, WI 53547

KEYNOTE: MICHELLE R. WEIRICH, MSE Lead ECE Instructor at Blackhawk Technical College

How do you respond to a child who tells you that their parent is in jail? 1 in 14 children will have a parent incarcerated during their lifetime. Come to this workshop to identify resources and discover strategies on how to assist children when they are faced with the incarceration of a parent.

COST: **FREE FOR MEMBERS OF NAEYC, WECA, AND SCAEYC**
(WE MUST BE ABLE TO VERIFY YOUR CURRENT MEMBERSHIP IN ORDER TO BE FREE)
\$10.00 FOR NON MEMBERS

Questions to Michelle R. Weirich 608-743-4505 or mweirich@blackhawk.edu

RSVP: Send registration to: Michelle R. Weirich
2281 Cobblestone Lane
Beloit, WI 53511

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NAME _____

PHONE _____

NAEYC MEMBERSHIP NUMBER (IF APPLICABLE) _____

YOUR REGISTRY ID NUMBER _____

LAST 5 OF YOUR SOCIAL _____

AND YOUR DATE OF BIRTH _____

AMOUNT ENCLOSED: _____ **CHECK #** _____

Due by Friday, September 2, 2016